



REVISED Session Times

Team Aquatic Supplies – Dash for Cash
(18 and under)
Nov 29 – Dec 1, 2013

Athletic Centre, University of Guelph, Guelph,
Ontario

Sanctioned by Swim Ontario

Hosted by the Guelph Marlin Aquatic Club

Sponsored by Team Aquatic Supplies

MEET REFEREE: Paul Leslie pkleslie@shaw.ca

MEET MANAGER: Greg Konrad GMACmeetmanager@gmail.com

STANDARDS: E qualifying time standard for 12 and under, C qualifying standard for 13 and over.
SC times can be converted to LC times. **NTs will not be accepted.**

FACILITIES: 50 Stone Rd. E., Athletics Centre, University of Guelph, Guelph, 8 lane-25 Meter Pool, Electronic Timing

<u>Day</u>	<u>Session</u>		<u>Warm-Up</u>	<u>Start</u>	<u>Age Group</u>
November 29	Session 1	Prelims	9:00 am	10:00 am	13 & over
	Session 2	Time Finals	1:00 pm	2:00 pm	12 & under
	Session 3	Finals	5:00 pm	6:00 pm	13 & over
November 30	Session 4	Prelims	9:00 am	10:00 am	13 & over
	Session 5	Time Finals	1:00 pm	2:00 pm	12 & under
	Session 6	Finals	5:00 pm	6:00 pm	13 & over
December 1	Session 7	Time Finals	8:30 am	9:30 am	13 & over
	Session 8	Time Finals	1:00 pm	2:00 pm	12 & under
	Session 9	**Combined with session 7. There will be a break for distance swimmers warm-up.			

12 & under events and events in sessions 7-9 are time finals. All other events are preliminary with evening A & B finals. A & B finals may be combined if the number of swimmers in an event is small.

*The times for sessions 8 and 9 are tentative and will be adjusted based on the length of the previous session. Session 7 & 9 may be combined based on length of both sessions.

Meet management reserves the right to double up the 400, 800, and 1500 free and all ages. Slower heats will be removed if an event is over-subscribed.

All distance events, including 400 IM will swim fastest to slowest.

ENTRY DEADLINE: Entries must be uploaded in hytek format at <https://www.swimming.ca/>. A **preliminary entry file is due Friday November 1. Final entries are due Friday November 15.** As this meet fills up quickly, significant scratches (more than 10%) made after the entry deadline will be charged. **NT for swims will not be accepted.**

SCRATCH DEADLINE: Friday November 22

ENTRY FEES: \$10 per event

SCRATCHES: All scratches should be reported to the Meet Manager during warm-ups prior to each session. Swimmers failing to report within 5 minutes of last call for an event will be automatically scratched. There will be no penalty if a swimmer scratches from an event during the meet.

DECK ENTRIES: Deck entries will be accepted at meet management discretion only for the slowest heats that have empty lanes. These entries are **exhibition** only and no awards will be given. The cost for deck entries is \$10.00 per individual events to be paid in cash at the time that the entry is accepted.

AWARDS: Medals: 1st to 3rd and ribbons for 4th to 8th for all events. Age categories for awards: 10&under, 11-12, 13-15 and 16-18. At the conclusion of the meet, coaches or their representatives should pick up all

awards. Cash prizes are detailed below.

*** DASH FOR CASH* (13-18 year old swimmers)**

This year the Guelph Marlins are again offering the opportunity to all 13 – 18 year old swimmers who feel they have what it takes to bring home some money!

The **13 & over** age group will be divided into 13-15 and 16-18. There will be A & B finals for each division. The winners and runner's-up of each A final will be awarded the cash as follows: \$50 first place and \$25 second.

EXCEPTION - the Women's 800 and Men's 1500 will be awarded prizes based on times as it is a timed final. There will be 1 prize for the Women's 800 and 1 prize for the Men's 1500 as detailed below.

CASH PRIZES ARE AS FOLLOWS:

- 1) Event 3 & 4 Women and Men – 100 backstroke
- 2) Event 7 & 8 Women and Men – 100 freestyle
- 3) Event 21 & 22 Women and Men – 100 breaststroke
- 4) Event 25 & 26 Women and Men – 100 butterfly
- 5) Event 71 Women – Open 800 freestyle, time finals
\$30.00 per 200 m split, totaling \$120.00. Can someone win it all?
- 6) Event 74 Men – Open 1500 freestyle, time finals
\$25.00 per 300 m split, totaling \$125.00. Can someone win it all?

OFFICIALS: It would be appreciated if each club would email our Director of Hosted Meets James Ball andreaandjames@rogers.com a list of names of officials who will be prepared to help at each session of the meet. If there are any questions regarding officials, please email James Ball.

RESULTS: Results will be posted at swimmeets.ca and sent to coaches by email.

Session 1: Preliminaries - Friday November 29

Warm-up 9:00 am / Start 10:00 am

Girls Event	PROGRAM OF EVENTS		Boys Events
1	13 & over	200 Butterfly	2
3	13 & over	100 Backstroke	4
5	13 & over	200 Breaststroke	6
7	13 & over	100 Freestyle	8
9	13 & over	200 IM	10

Session 2: Time Finals - Friday November 29

Warm-up 1:00 pm / Start 2:00 pm

Girls Events	PROGRAM OF EVENTS		Boys Events
11	12 & under	50 Butterfly	12
13	12 & under	100 Backstroke	14
15	12 & under	100 Breaststroke	16
17	12 & under	200 IM	18
19	12 & under	400 Freestyle	20

Session 3: Finals - Friday November 29

Warm-up 5:00 pm / Start 6:00 pm

(See Session 1 for event order)

Session 4: Preliminaries - Saturday November 30

Warm-up 9:00 am / Start 10:00 am

Girls Events	PROGRAM OF EVENTS		Boys Events
21	13 & over	200 Freestyle	22
23	13 & over	100 Breaststroke	24
25	13 & over	50 Freestyle	26
27	13 & over	100 Butterfly	28
29	13 & over	200 Backstroke	30

Session 5: Time Finals - Saturday November 30

Warm-up 1:00 pm / Start 2:00 pm

Girls Events	PROGRAM OF EVENTS		Boys Events
31	12 & under	200 Freestyle	32
33	12 & under	200 Breaststroke	34
35	12 & under	50 Freestyle	36
37	12 & under	100 Butterfly	38
39	12 & under	200 Backstroke	40

Session 6: Finals - Saturday November 30

Warm-up 5:00 pm / Start 6:00 pm

(See Session 4 for event order)

Session 7: Time Finals - Sunday December 1

Warm-up 8:30 am / Start 9:30 am

Girls Events	PROGRAM OF EVENTS		Boys Events
41	13 & over	50 Butterfly	42
43	13 & over	50 Backstroke	44
45	13 & over	50 Breaststroke	46
47	13 & over	400 IM	48

Session 8: Time Finals – Sunday December 1

Warm-up 1:00 / Start 2:00 pm

Girls Events	PROGRAM OF EVENTS		Boys Events
49	12 & under	200 Butterfly	50
51	12 & under	50 Backstroke	52
53	12 & under	50 Breaststroke	54
55	12 & under	100 Freestyle	56
57	12 & under	400 IM	58
59	12 & under	800 Freestyle	60

Session 9: Time Finals - Sunday December 1

Combined with Session 7 (there will be a break after session 7 events for distance w/u)

Girls Events	PROGRAM OF EVENTS		Boys Events
61	13 & over	400 Freestyle	62
63	13 & over	800 Freestyle	64
65	13 & over	1500 Freestyle	66

RULES / PROCEDURES

SNC rules and the **Fina One Start** will apply. SNC Warm Up Safety Rules and Procedures and Swim Suit Policy apply. Coaches are responsible for their swimmers' conduct and knowledge of the SNC Warm Up Safety Procedures.

Meet management requires that any coach wishing to rely on a time achieved by the swimmer for an interval shorter than the total distance of the event shall so advise the Referee prior to the commencement of the session (or event) in question.

SNC SWIM SUIT POLICY

Effective September 1, 2009, all swimwear worn in swimming competitions sanctioned under the authority of Swimming Canada must conform to the January 1, 2010 FINA swimwear approval guidelines as listed below.

MATERIAL – The material of swimwear will definitively be constituted only by textile fabric(s). The FINA definition of "textile" currently is: "Material consisting of, natural and/or synthetic, individual and non-consolidated yarns used to constitute a fabric by weaving, knitting, and/or braiding."

SHAPE – MEN: swimwear shall not extend above the navel or below the knee. **WOMEN:** swimwear shall not cover the neck, extend past the shoulder, nor extend below knee. No zippers or other fastening system is allowed.

USE – Swimmers shall wear only one swimsuit, taping is not permitted.

CONSISTENCY – Swimwear effectively manufactured and used shall correspond to and be fully consistent with FINA approved samples. Any modification before use (including impregnation) is prohibited. Moreover, there shall be no variation/modification for individual swimmers.

SNC WARM-UP PROCEDURE

During the designated warm-up period, the meet management committee shall be responsible for ensuring that all Risk Management/Warm-up procedures are followed. It is incumbent on all participants, i.e. meet management, coaches, swimmers, and officials to comply with these procedures. Non-compliance with these procedures will result in a warning or removal of the swimmer from the warm-up pool, and possible further reporting to meet management and the Referee for action under rule SW 2.1.1.

Meet management shall designate Safety Marshals to actively monitor the warm-up period in the competition pool and ensure compliance with these procedures. Safety Marshals should be notified of any disabled swimmers who are participating in warm-ups. Additional "practice" pools, if any, are to be supervised by lifeguards and coaches.

"Safety Marshals shall be responsible to the Referee for all aspects of safety related to conduct during the warm-up period and shall ensure that all appropriate warm-up procedures are followed." (CSW 2.13.1.5)

General Warm-Up Rules:

Swimmers shall enter the water FEET FIRST in a cautious manner.

No Running on the pool deck or Diving from the side of the pool.

Meet Management shall provide signage to indicate designated lane use during warm-up.

Notices/barriers shall be placed on starting blocks to prevent diving during the general warm-up.

Diving Starts are only permitted in designated Sprint Lanes during the warm-up period.

Lanes shall be open primarily for 'Circle Swimming' during the General warm-up period.

Coaches and swimmers shall allow Backstrokers & SWAD the 'right of way' for safety purposes.

Meet Management may designate a Sprint Lane(s) and/or a Pace Lane(s) throughout the general warm-up period.

Specific/Sprint Warm-Up Period:

Sprint and Pace lanes must be opened for at least the last 30 minutes of warm-ups or as designated by meet management.

Outside Lanes should be designated as Sprint Lanes.

Only 'one-way' swimming shall be permitted in Sprint Lanes.

Sprint Lanes, Pace Lanes, and Circle Swimming lanes shall be clearly marked with signage.

The following statement shall appear in the meet information and in posted notices: "SNC WARM UP PROCEDURES WILL BE IN EFFECT AT THIS MEET".

Equipment:

FLUTTER BOARDS and PULLBUOYS are allowed.

HAND PADDLES and FLIPPERS (ZOOMERS) are NOT ALLOWED.